

Information about your plan for you and your provider

Sentara Health Plans partners with PHCS/  
MultiPlan to provide national network coverage.

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The PHCS/MultiPlan coverage may be used for:

\* You may be required to submit documentation to activate the PHCS/MultiPlan network.  
Please contact your Human Resources department for additional information.



**If you need to find a  
PHCS/MultiPlan provider, sign in to  
[sentarahealthplans.com/members](https://sentarahealthplans.com/members) or  
the Sentara Health Plans mobile app.**



Sentara Health Plans is a trade name of Sentara Health Plans, Sentara Health Insurance Company, Sentara Health