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## A. PURPOSE

The purpose of this policy is to set forth the process that must be utilized to determine an employee's fitness for duty.

## B. AUTHORITY

[Virginia Code Section 23-2.3, as amended](#) grants authority to the Board of Visitors to establish rules and regulations for the institution. Section 6.01(a)(6) of [Board of Visitors Bylaws](#) grants authority to the President to implement the policies and procedures of the Board relating to University operations.

## C. DEFINITIONS

Coordinating Team The appropriate parties/offices (based on the specific situation) responsible for coordinating and facilitating the fitness for duty evaluation. The Coordinating Team may include designated parties from the following areas based on ~~the~~ specific dynamics of the situation: Department of Human Resources, the Office of Institutional Equity and Diversity, the Office of the Provost, University Counsel, ODU Police and such others that may be necessary to determine the appropriate course of ~~acti~~.

Employee Assistance Program (EAP) program provided by the Commonwealth of Virginia to persons enrolled in the health benefit program that provides comprehensive, confidential, employee assistance services (such as ~~stern~~ counseling, assessment, and referral services) to covered University employees and their families.

Fitness for Duty (FFD) Possessing the physical, emotional and mental capacities to safely and effectively perform the essential functions of an ~~employee's~~ job, with or without reasonable Americans with Disabilities Act accommodation, in a manner that does not present a direct threat of harm to self or others. Fitness for duty includes, but is not limited to, being free of alcohol-drug-induced (whether or not legitimately prescribed) impairment that affects job functioning.



A fitness for duty evaluation may address behavioral changes in an employee that may pose a potential threat to self or others in the workplace. Only the Coordinating Team may determine that a fitness for duty evaluation is necessary. Failure to comply with the recommendations or to utilize the agreed upon accommodations will be addressed as a performance deficiency in accordance with the applicable employee handbook and may result in disciplinary action up to and including possible termination from employment.

The employee's satisfactory work performance is the basis for continued employment. An employee must comply with all treatment recommendations resulting from a fitness for duty evaluation to be allowed to return to work. An employee referred for an evaluation will be prohibited from appearing for work pending the completion of the evaluation and approval for return to work. The employee may be placed on paid administrative leave pending the completion of the assessment and release to return to work. During this time, applicable leave policies shall apply.

The University complies with Federal disability law (primarily [Americans with Disabilities Act of 1990 \[ADA\]](#)). Federal law permits the University to require a health examination of an employee if the requirement for the examination is job related, consistent with business necessity and if the University has a reasonable belief that:

1. the employee's ability to perform essential job functions may be impaired by a medical condition; or
2. an employee may pose a direct threat, i.e., significant risk of substantial harm to the health or safety of self or others.

Application of this policy is not intended as a substitute for University policies or procedures related to chronic performance or behavioral problems or as a substitute for discipline.

## 2. Results of the Evaluation

The results of fitness for duty evaluations performed by qualified, licensed health care professionals shall be presumed to be valid. Results of the evaluation will be received by the Department of Human Resources. The Department of Human Resources representative to the Coordinating Team will communicate to the employee, the employee's supervisor and the department head whether the assessment results indicate that the employee is fit for duty and may return to work. [Refer to [Section 4](#) for Confidentiality.]

After an evaluation, information given to the employee's supervisor and department head shall be limited to whether the employee may:

- return to full duty;
- return to conditional limited duty;
- not return to full duty, in which case the employee will be referred to the Department of Human Resources for a benefits discussion

The University will evaluate all claims of disability and provide reasonable accommodation if a disability exists.

Any final decision leading to dismissal or sanction of an employee is grievable under the appropriate grievance policy.

## 3. Return to Work

If appropriate, the Coordinating Team will refer the employee to the Office of Institutional Equity and Diversity to engage in the accommodation process.

- d. Informing the upper-level manager or calling the Department of Human Resources for further guidance if the supervisor's behavior is the focus of concern. (Threats or acts of violence should be reported immediately to the University Police Department by calling 683-4000 or 911.);
- e. Providing relevant medical and psychological information when given the opportunity to do so; and
- f. Complying with this policy and any authorized requests to submit to an evaluation.

A supervisor is responsible for:

- a. Observing and documenting the attendance, performance, and behavior of the employees under his/her supervision;
- b. Notifying the appropriate unit/department head when an employee is exhibiting behavior that suggests he/she may not be fit for duty;
- c. Arranging for the removal of an employee deemed not fit for duty from the work site unless he/she poses an immediate safety threat in which case the supervisor should call the ODU Police Department 683-4000 or 911;
- d. Arranging transportation for the employee from the work site if necessary;
- e. Providing relevant information to assist with the process;
- f. Maintaining the confidentiality of an employee's medical information;
- g. Notifying the Office of Institutional Equity and Diversity of any requests for accommodations received from the employee; and
- h. Implementing any reasonable accommodation deemed necessary

Member(s) of the Coordinating Team are responsible for:

- a. Ensuring that the appropriate unit/department head has been consulted;
- b. Soliciting information from the supervisor regarding employee behaviors or performance, and from the employee regarding any relevant previous medical or psychological treatment information;
- c. Identifying who will conduct the fitness for duty evaluation;
- d. Receiving the results of the fitness for duty evaluation and ensuring that the results have been communicated to the employee
- e. Implementing any recommendations proposed by the fitness for duty evaluation;
- f. Referring the employee to the Office of Institutional Equity and Diversity as appropriate;
- g. Communicating with the employee as to his/her rights, responsibilities and employment status
- h. Maintaining confidentiality except as detailed in the Confidentiality/Privacy section above

## G. RETENTION

Records of fitness for duty evaluations must be retained with other employee medical records for 30 years after separation, then destroyed in compliance with [the Commonwealth's Records Retention and Disposition Schedule \(General Schedule 103, Series 100484\)](#)

## H. RESPONSIBLE OFFICER

Director of Human Resources for Employee Relations and Strategic Initiatives

I. RELATED INFORMATION

[Virginia Department of Human Resource Management Policy 1.60 Standards of Conduct](#)  
[Board of Visitors Policy 1014 Threat Assessment](#)  
[University Policy 3020 Whistleblower Retaliation Policy](#)  
[University Policy 5406 Accommodations for Individuals with Disabilities](#)

